

# Creating a learning environment is important.

## 1 Create a calm environment for studying

- Create an environment that allows students to concentrate on their studies by, for example, not placing distracting objects on or around their desks.
- Do not allow students to study while "watching TV," "listening to music," "eating snacks," etc.

## 2 Motivate your child.

- Look over your child's learning as much as possible and try to praise, encourage, acknowledge, and talk positively to him or her.

## 3 Let them develop a good lifestyle.

- Develop a regular rhythm of life.
- Make your child aware of the importance of going to bed early, getting up early, and eating breakfast.

We hope you will find it useful for your child's study at home!

"Toward the improvement of your Home Study"  
"Academic Achievement Plan of Tambasayama"



### Contact List

Please contact us if you have any questions or concerns. We have an extensive support network.

**Tambasayama City Board of Education,**  
School Education Division **TEL 079-552-5653**  
For consultation regarding the education of children.

**Tambasayama City Board of Education,**  
Child Rearing Planning Division **TEL 079-552-0075**  
Provides after-school children's clubs and other childcare-related support.

**Tambasayama City Health Division TEL 079-594-1117**  
Support for childcare and child development by public health nurses and nutritionists

**Tambasayama City**  
Institute of Education **TEL 079-552-5824**  
Counseling on issues such as bullying, truancy, delinquency, etc.

**Educational Support Center**  
"Dream House" **TEL 079-590-8111**  
Support and guidance regarding school refusal.

**Tambasayama Municipal Sasayama School for the Disabled TEL 079-552-5237**  
For consultation about the education of children with special needs.

**Tamba Sasayama City Child Development Support Center TEL 079-552-0236**  
For childcare support for children with developmental challenges and their parents.

**Kawanishi Child & Family Center, Tamba Branch TEL 0795-73-3866**  
For consultation and examination on child care and development, etc.

**Hyogo Children's Counseling Center**  
**24 hrs/day, 365 days/year TEL 0120-0-78310**  
**Weekdays 9:00 - 17:00 TEL 0120-783-111**  
Counseling on bullying, truancy, friendships, careers, and education concerns for children.

# Academic Achievement Plan for Tambasayama Kids

## Tambasayama City Tree of Academic Achievement

Nurture the roots of learning!  
In Tambasayama City, we approach academic improvement by considering children's educational development as a "tree". We emphasize cultivating four essential strengths: Self-power, Connectivity, Dream power, and Learning power. Let's create a nutrient-rich soil, strengthen the roots, and grow a strong and vibrant "Tree of Academic Achievement".



Knowledge

Skills

Judgment

Cognition

Expression

Learning

Humanity etc.

Four skills to nurture the "Tree of Academic Achievement" that we would like you to value at home.

### Self-power

Ability to reflect and control oneself

For example:

- The child knows his/her good points.
- He/She gets up and goes to bed at the same time every day.
- He/She takes action to stop bullying.

### Connection power

Ability to build relationships

For example:

- The child is willing to help others when they are in trouble.
- He/She participates in local events such as festivals and volunteer activities.
- They greet people willingly.

### Dream power

Ability to work toward the future

For example:

- The child has a dream or goal for the future.
- He/She takes on challenges, even difficult ones, without fear of failure.
- He/She decides what he/she should strive for and does not give up until the end.

### Learning power

Ability to learn

For example:

- The child make plans and studies by him/herself.
- He/She reads books willingly.
- He/She is thinking and working on his/her own to solve problems.

Let's nurture the 'Four Powers' (Self-power • Connection power • Dream power • Learning power) through cooperation between home and school!

 Let's think about how to develop the "Four Powers" !

Let's think about what you want to do every day to continue to nurture the "Four Powers (Self-Power, Connection Power, Dream Power, and Learning Power)" with your family members! When you have reached your decided goal, color in a maruino below.

Self-power					
Connection power					
Dream power					
Learning power					

I'll go to bed at the same time every day to develop my "Self-power!"

Sounds good! If you go to bed at the same time every day for a week, then you can color one Maruino!

I wonder what I can do for the Three other powers!?



**Preschool**



**1-3rd grades**



Make sure your child works on the homework assigned by the school every day.

Help your child get into the habit of studying at a certain time and place.

Promote family communication through reading picture books and other activities.

Increase interest through a variety of experiences such as contact with nature and athletic play.

 Nurture the ability to learn!

We often hear comments about homework from children and their parents/guardians such as, "Does this teacher give a lot of homework?" Our children don't study unless they have homework, so please give them more homework."

However, even though we tend to think of home study as homework, it is the "home study other than homework" that we want to value, which gives students opportunities to think and work on themselves.

Children of the future will be expected to have the ability to think and act on their own rather than do as someone tells them to do. "Home study other than homework" is an opportunity to build on that foundation. If the home study that students have thought about and engaged in on their own become useful for their schoolwork, the next "power to learn" will be born. This is the state of being "in the habit of learning". Let's nurture the ability to learn through cooperation between home and school.

**4-6th grades**



**Junior High School**



When you see the content of your child's self-directed learning, at first you may wonder, "Is this OK?" However, it is not something that can be done suddenly. You can talk to your child saying, "How about you try something like this." and praising his/her efforts, nurture his/her ability to keep working.

The students will be able to think and learn by themselves because of their foundation of the habit of "doing homework every day without forgetting to do it." You shouldn't take that for granted. Let's remember to praise them for their efforts and take them to the next step.

Engaging with written language, contact with nature, and physical exercise are important experiences that form the basis for all learning. Create a book-friendly environment and provide opportunities for 4-6th grade and junior high school students to experience nature and culture, so that those experiences will foster their minds and hearts.